

2 0 2 1 P R O G R A M

(c r e a t i n g s p a c e)

**TED<sup>x</sup>** HarboursidePark  
x = independently organized TED event

# Continue the Conversation

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Show Night experience.**



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@TEDxHarbourside

USE THE HASHTAG

**#CreatingSpace2021**

# PROGRAM

## SESSION ONE

### **TEDxHarboursidePark Welcome**

**Anna Smith**, Team and Partnerships Lead

### PERFORMANCE

**Tendai Mudunge** & co-performers, Jabula Entertainment

### SPEAKERS

#### **Nicole Hand**

Setting the Stage: Imposter Syndrome in the Arts

#### **Raïsa Mirza**

The Art of Engaging Communities

#### **Emily King**

How This One Simple Method Set Me Financially Free

### INTERMISSION

**Music provided by** Classical Guitarist **Azadid Hadad**

We encourage you to take this opportunity to start a conversation with someone in your bubble. Ask who is their favorite speaker so far, and why. Go ahead, don't be shy.

# PROGRAM

## SESSION TWO

### SPEAKERS

**Jessica McCormick**

Rebuilding Community in the Age of Individualism

**Dr. Mike Wahl**

The Continuum of Health

**Bethany Downer**

Ensuring Our Future in Space by Learning From Today On Earth

### CLOSING PERFORMANCE

**NL Deaf Choir**

### TEDXHARBOURSIDE PARK x TERRE OFFICIAL AFTERPARTY

Live show ticket holders and our guests at the Alt Hotel – continue your evening with us at the TEDxHarbourside 2021 official After Party, featuring artisan food and beverage offerings by Terre, as well as 2021 event co-sponsors Quidi Vidi Brewery.

**Music provided by DJ - Ciiij (CJ Verbiski)**

Entry to the 2021 afterparty is included with live show and hotel room tickets only.

# Our 2021 Theme

(c r e a t i n g  
s p a c e)

What does it mean to ‘create space’?  
How do we create it for ourselves and others?

We occupy — or seek entrance to — different spaces throughout our lives.

In one breath, the concept of ‘space’ speaks to safety, acknowledgement, and acceptance; in the next, boundaries, borders, and norms, to be challenged, deconstructed, and redefined.

The physical and non-physical spaces around us shape us collectively and individually. By fostering conversations about how we create space, we hope to embrace the transformation of privilege into grace and amplify diverse voices as the catalysts of change.

In our 2021 show, we’ve set the stage for a gathering of remarkable speakers who will explore what it means to ‘create space’ that is both defined and infinite through the lens of lived experience.

**The conversation begins now.**





# The Newfoundland and Labrador Deaf Choir

## **Performer**

The first of its kind on the TEDxHarboursidePark stage: A choir that sings without words.

The ground-breaking, wave-making Newfoundland and Labrador Deaf Choir is based in St. John's, Newfoundland and Labrador. Composed of people from the Deaf and Hard of Hearing community, the Choir's mission is to make music while teaching Deaf Awareness and showcasing the beautiful visual voice of the Deaf community through song.

Blending the best of music, theatre, and dance, the Choir offers audiences a unique performance of music delivered in American Sign Language. Creating connection through art at the intersection of sign language and emotion, the Newfoundland and Labrador Deaf Choir shares with audiences a reminder of what's possible 'outside our bubbles', while proudly showcasing the deep artistry of our local Deaf community.



# Jabula Entertainment

## Performer

Tendai Mudunge's passion is unmatched and he is well known for his desire to make an impact in the community of St. John's through dance. He has received training in Latin, African, Ballet, Classical, Contemporary and Pole Dance styles from some of the top instructors in North America.

Over the past 5 years, Tendai has collaborated with many artists in bachata dance choreographies which have been presented at prestigious locations throughout St. John's; most notably, a bachata Christmas performance with Lena Lindenmier which was featured on CBC.

# About:

## **TED**

The physical and non-physical spaces around us shape us collectively and individually. By fostering conversations about how we create space, we hope to embrace the transformation of privilege into grace and amplify diverse voices as the catalysts of change.

## **TEDx**

In the spirit of ideas worth spreading, TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. At a TEDx event, TED Talks video and live speakers combine to spark deep discussion and connection.

These local, self-organized events are branded TEDx, where x = independently organized TED event. The TED Conference provides general guidance for the TEDx program, but individual TEDx events are self-organized. (Subject to certain rules and regulations.)

## **TEDxHarboursidePark**

Founded in 2020, TEDxHarboursidePark is the newest face of TEDx in St. John's, Newfoundland and Labrador. The 2021 show, Creating Space, marks the organization's highly-anticipated first stage offering.

With a focus on inclusion and accessibility, the fully-volunteer TEDxHarboursidePark team is thrilled to deliver a ground-breaking TEDx experience from the intersection of live venue performance and full digital accessibility. Organizers, Speakers and Performers have contributed thousands of volunteer hours since its inception in 2020.



For more information about TEDxHarboursidePark and how to become involved as a Speaker, Performer, Sponsor, or Volunteer, please visit [tedxharboursidepark.ca](http://tedxharboursidepark.ca)

# Land Acknowledgement

## **With gratitude to First Light**

We respectfully acknowledge the land on which we gather as the ancestral homelands of the Beothuk, whose culture has been lost forever and can never be recovered. We also acknowledge the island of Ktaqmkuk (Newfoundland) as the unceded, traditional territory of the Beothuk and the Mi'kmaq. And we acknowledge Labrador as the traditional and ancestral homelands of the Innu of Nitassinan, the Inuit of Nunatsiavut, and the Inuit of NunatuKavut. We recognize all First Peoples who were here before us, those who live with us now, and the seven generations to come. As First Peoples have done since time immemorial, we strive to be responsible stewards of the land and to respect the cultures, ceremonies, and traditions of all who call it home. As we open our hearts and minds to the past, we commit ourselves to working in a spirit of truth and reconciliation to make a better future for all.

# Nicole Hand

## Speaker

Nicole Hand hails from Conception Bay South, Newfoundland and Labrador.

As a professional musician, multi-instrumentalist, and educator, Nicole performs, teaches, and composes. Nicole is also an entrepreneur at the intersection of the arts and finance. A first-time TEDx Speaker, Nicole felt a connection to the 2021 theme and saw an opportunity to frame and share her ideas about challenging sexism and lack of diversity in the “classical” or art music canon and performance in the music community of today (and of tomorrow).

Nicole hopes that her talk will be received as “an invitation” that encourages people to reconsider how they work and live in modern musical spaces, through the lens of diversity, representation, and structural change.





# Raïsa Mirza

## Speaker

Raïsa Mirza was born in Bangladesh and raised in Quebec and Ontario. A true global citizen, she has resided internationally in over seven countries but has called Tors Cove, Newfoundland and Labrador ‘home’ for over a decade.

As Director of Innovation & Knowledge Management at Montreal-based One Drop Foundation, Raïsa is working to address global water and sanitation issues through the lens of art and design. A trans-disciplinary individual by nature, she’s a self-confessed “systems designer” whose work is informed by community engagement, design, innovation, and behavioural science.

As a TEDxHarboursidePark 2021 Speaker, Raïsa connects to this year’s theme professionally and personally through her lived experiences driving social impact projects internationally — as an immigrant, an expat, and a passionate advocate for diversity of voice and experience in the creation of the current (and future) societal spaces we share.



# Emily King

## Speaker

Emily King hails from St. John's, Newfoundland and Labrador. She has professional roots in Business and financial strategy and is a certified Neuro-Linguistic Practitioner.

As a dynamic, high-energy nurturer of entrepreneurial success, Emily is passionate about sharing her lived and learned knowledge of the neural patterns that promote success, and how individuals may reframe their relationship with money in order to create space for a richer (in every meaning of the word) and more abundantly joyful life.

Emily is currently a Wealth and Abundance Coach and focuses her efforts largely on helping women business owners grow their financial health and increase their impact while doing what they love.

**SPEAKER SPONSOR**



NEWFOUNDLAND & LABRADOR ORGANIZATION OF  
WOMEN ENTREPRENEURS





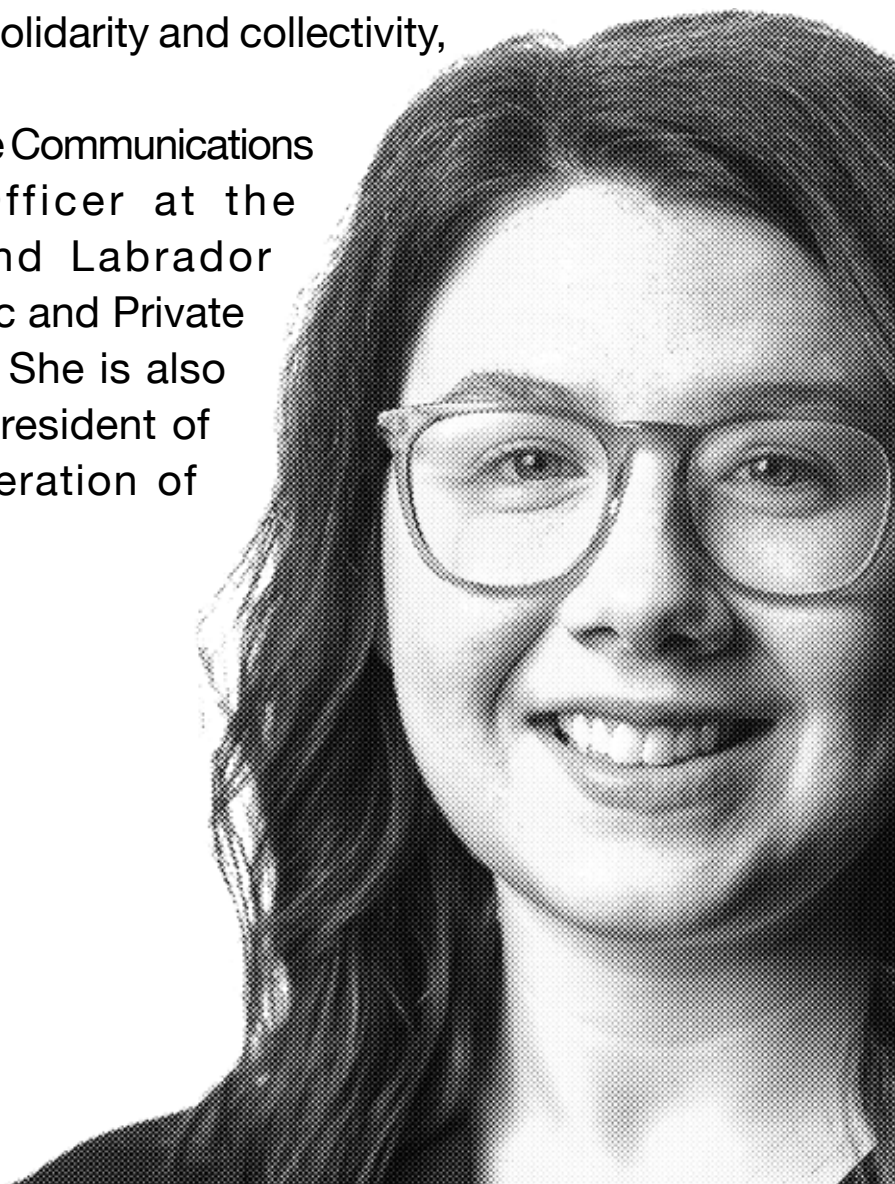
# Jessica McCormick

## Speaker

Jessica McCormick is from St. John's, Newfoundland and Labrador but grew up in a mining town in Cape Breton, Nova Scotia. Her grandfather was one of the first to promote unionized labor amongst his fellow mine workers and her family has deep roots in the trade union movement.

As a passionate and outspoken union advocate, Jessica believes that unions are more important than ever as our regional, national, and global economies become increasingly 'gig-based'. She sees the relevance of unionized labour increasing exponentially as a younger workforce emerges and hopes to create a more open dialogue with young professionals about the power and value of solidarity and collectivity,

Jessica is currently the Communications and Research Officer at the Newfoundland and Labrador Association of Public and Private Employees (NAPE). She is also a former National President of the Canadian Federation of Students.





# Bethany Downer

## Speaker

While Bethany Downer was born and raised in St. John's, Newfoundland and Labrador, she's working on some fairly significant travel goals; namely, to become the first Newfoundlander in space within the next five years.

As a science communications and public outreach professional within the aerospace industry, Bethany's mission is to help create passionate, informed community connections to rocket science and space. Bethany has spoken at previous TEDx events, but this is her first time taking the stage to share her story with audiences in Newfoundland and Labrador.

On the TEDxHarboursidePark 2021 stage, Bethany hopes to challenge — and inspire — audiences to “think bigger” through the lens of how we've traditionally framed our collective existence and relevance in relation to space, astronomy, and the infinite possibilities that exist outside our atmosphere.



# Dr. Mike Wahl

## Speaker

Mike Wahl is from St. John's, Newfoundland and Labrador. His professional background is in Medicine, health/wellness and fitness, and business.

As a researcher and practitioner in the field of exercise science, Mike sees a disconnect between societal perceptions and clinical realities as they relate to the concept of being in 'good health'. He is passionate in his advocacy of empowering communities and individuals to become stewards of their own wellness through examining their relationship with health and challenging long-held wellness paradigms.

Mike holds a PhD in Medicine (Clinical Epidemiology) and is currently a Professor in the Faculty of Medicine at Memorial University of Newfoundland. He is a Certified Professional Ergonomist and the Founder and Senior Director of Wellness at Medisys Health Group (Definitions) in St. John's.



# Our 2021 Partners

We're proud to introduce the **TEDxHarboursidePark partners** who are creating space for diverse voices and experiences in 2021:



ROEBOTHAN  
McKAY  
MARSHALL

ACCIDENT & INJURY LAW





# Precious Familusi

## Host

Precious Familusi is a full time Analyst and part-time Activist. Originally from Lagos, Nigeria, he has spent most of his life living in different continents across the world before making Newfoundland and Labrador his home. An avid adventurer, he hopes to one day complete his quest of living in all continents across the world (except Antarctica).

Precious is a community organizer who is passionate about combating anti-black racism, creating a clearer pathway to permanent residence for immigrants, accessible education, and community building. He is the co-founder of Black Lives Matter NL, and has been involved in Memorial University's Student Union and the Nigerian Canadian Association of NL.

As an individual who thrives on creating conversations and connections, co-hosting TEDxHarboursidePark's 2021 show checks a lot of exciting people, passion, and purpose boxes for Precious.



# Don-E Coady

**Host**

Donnie (aka 'Dc' aka 'Don-E') Coady, leads in the marketing, communications, and public relations realms in St. John's, Newfoundland and Labrador. A lifelong lover and artist, he's a writer, a self-confessed doodler, and a chaser of all that's new and next, Don-E is possessed of an infinite excitement about entrepreneurialism and deep investment in regional success.

Don-E thrives on helping to make big dreams and audacious ideas real for a diverse cross-section of passionate people in the city, province, and beyond. His work impacts many connected communities; art and design, engagement and volunteerism, and music and culture.

A veteran Host of TEDx events in St. John's, Don-E is incredibly excited to take the stage once again for the 2021 show.

As always, he's keen to remind folks that he holds ample, open space for chats, collabs, dreaming, and doing.





# Our 2021 Team

**Meet our passionate family  
of TEDxHarboursidePark  
volunteers.**



**Anna Smith**

Team Co-Lead (External)



**Lindsay Newman**

Team Co-Lead (Internal)



**Abigail Ricketts**

Finance & Admin Lead



**Emma-Jean Thomson**

Volunteer Coordinator



**Jennifer Crowe**

Programming Lead



**Dane Woodland**

Head Coach

# Our 2021 Team



**Carla Chaytor**  
Speaker Coach



**Nicole Payette**  
Speaker Coach



**Andrew Williams**  
Speaker Coach



**Andrea Kean**  
Speaker Coach



**Gobhina Nagarajah**  
Speaker Coach



**Zaren Healey White**  
Host Coach



**Ashley Mills**  
Livestream Coordinator

# Our 2021 Team



**Darrell Edwards**  
Marketing Lead



**Jillian Thorne**  
Copywriter



**Myka Hollahan**  
Graphic Designer



**Hannah Blundon**  
Social Media Coordinator



**Loujein Mouammar**  
Operations Lead



**Renata Lang**  
Delegate Experience Co-Lead



**Hannah Wadman-Scanlan**  
Delegate Experience Co-Lead



**Riley Moores**  
Logistics Coordinator

# Our 2021 Team



**Elea Stephenson**

Production Lead / Stage  
Manager



**Brad Greeley**

Production Coordinator

TEDxHarboursidePark is a non-profit organization that respects and encourages the diverse identities that make our community stronger. We stand with the incredible individuals fighting intolerance and hate and strive to provide safe, healthy, and empowering spaces on our team, in our training, and at our shows so that everyone may participate fully.

